

Northwestern School Corporation
Health Curriculum

Mission/ Vision Statement

Health education provides students with the opportunity to develop the knowledge and skills they need to reduce health risks and improve health behaviors. Through active learning strategies, students are motivated to enhance their quality of life and to take responsibility for their own actions and choices and to improve the well-being of the community. Quality health programs provide not only current and relevant health knowledge, but they also offer students critical thinking, decision-making and problem solving skills to become a healthy individual and a productive member of the community.

Philosophy/ Beliefs

Health education is critical to the overall development of the student. As students gain health knowledge, they become more capable of choosing positive health behaviors and avoiding risk behaviors and situations. By developing their decision-making and critical thinking skills, students will become more motivated to choose a healthy lifestyle.