

Northwestern School Corporation
Physical Education Curriculum
Course Outline
Kindergarten

Movement Forms

Students will:

- Perform locomotor and non-locomotor skills.
- Perform stability skills alone and with a partner.
- Manipulate objects at a basic level.
- Perform basic rhythmic skills alone and with a partner.

Movement Concepts and Motor Skills

Students will:

- Identify and use a variety of relationships with objects.
- Identify concepts used in specific movements situations
- Identify and demonstrate characteristics of developmentally appropriate locomotor, non-locomotor, and manipulative skills.

Physically Active Lifestyle

Students will:

- Participate in moderate to vigorous physical activity during and after school.
- Experience satisfaction from regular participation in activity during and after school.

Responsible Personal and Social Behaviors

Students will:

- Demonstrate an understanding of rules, regulations, and safety practices.
- Work cooperatively with other students regardless of personal differences.
- Follow simple directions.
- Follow the rules for simple games and activities.

Respect for Differences Among People in Physical Activity Settings

Students will:

- Demonstrate positive attitudes toward self and others through physical activities.
- Enjoy participation alone and with others.
- Treat playmates with respect.
- Resolve conflicts on socially accepted ways.

Physical Activity and Opportunity for Enjoyment, Challenge, Self-Expression, and Social Interaction

Students will:

- Exhibit self-confidence and enjoyment when participating in movement experiences.
- Express feelings about participation in physical activity when asked.
- Attempt new skills and demonstrate a determination to develop skills through repetitive practice.